

# VOLLEYBALL

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Playing rules will be according to the current rules utilized by CVA.

## **League Rules**

### Equipment

- Net height is measured as close as possible to 2.15 m for Senior & Junior girls and 2.24 m for Senior & Junior boys.
- Rules of the school in which games are being played will apply. The coach of the home school will announce these prior to start of evening play.
- In the gymnasium where there is insufficient room to serve from behind the end line, masking tape should be placed on the floor to designate a service line, 2 metres forward from the wall.
- Official Ball: Senior Volleyball Championships – Molten V5M5000  
: Junior Championship Tachikara Gold

## **Game Play**

### Regular Season:

- Seniors: Play best of 3 sets. If the third set is necessary it will be to 15 points. Then play the next 2 games as exhibition with non-starters.
- Juniors: 3 teams at one host school. Play 2 sets vs. each team.

### Playoffs:

- Senior playoffs are best 3 out of 5 sets. Junior playoffs are best 2 out of 3 sets.
- Rally Point – all games are played rally point to 25 (win by 2 points), no cap; 3<sup>rd</sup> game in regular season, (5<sup>th</sup> game in senior playoffs) to 15 points, win by 2, no cap
- The modified 12-substitute rule will be used. The rule is as follows:
  - There is no limit to the number of times a player may leave or re-enter the set as long as the maximum number of 12 substitutions is adhered to and as long as they leave or re-enter for the same player.
  - Once you have a designated partner that is the only player that you may leave or re-enter that set for (this may change between sets).
- Players are allowed to play the ball overhead (set) on a serve or attack.

## **Libero**

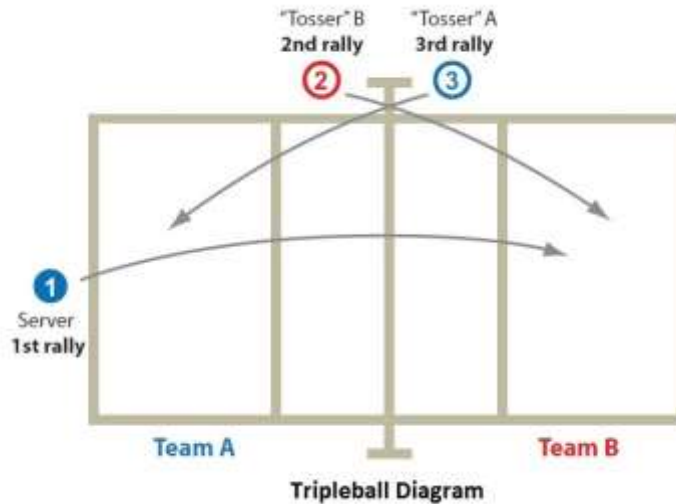
- The Libero is allowed to replace any player in the back row position.
- He/she is restricted to perform as a back row player and is not allowed to complete an attack hit from anywhere (including playing court and free zone), if at the moment of contact the ball is entirely higher than the top of the net.
- He/she may not serve, block or attempt to block.
- A player may not complete an attack hit from higher than the top of the net, if the ball is coming from an overhand finger pass by a Libero in the front zone.
- The ball must be freely attacked if the Libero makes the same action from behind the front zone.
- The Libero may be re-designated after each set.
- Uniform: The Libero must wear a different colour uniform top, in contrast to the other members of the team. The Libero uniform does not have to be the same design, but it must be numbered.

## **Junior Volleyball - Tripleball**

Tripleball is the official competition form for Canadian regions offering 13U age competitions. It is recommended that tripleball be played during the first half of the season in the 14U age category when a 13U age category does not exist. The goal of tripleball is to promote better skill development, participation, meaningful competition, and fun.

Overview of the Tripleball Sequence:

- a) The game follows a sequence of three rallies (service, tossed ball 1, tossed ball 2).
  - \*1<sup>st</sup> rally – introduced by the server
  - \*2<sup>nd</sup> rally – tossed ball given to the receiving team
  - \*3<sup>rd</sup> rally – tossed ball given to the serving team
- b) The service rotates between teams after each three-ball sequence.
- c) A team must rotate and introduce a new server when it is their turn to serve
- d) Every ball is worth one point.



### **Tripleball Rules:**

- Switching to a different position from your service order during a rally is NOT ALLOWED.
- Each rotation will have a different designated setter. The player in position #3 or #2 in service reception will be the designated setter; this position must be noted on the score sheet by the coach.
- Fair Play substitution rule applies: Players not starting in the 1<sup>st</sup> set must start in the 2<sup>nd</sup> set. If there is a 3<sup>rd</sup> set, the coach has the choice of starting any players. Substitutions are allowed during a match, although Volleyball Canada would like to emphasize that the rule is intended to provide every athlete with the ability to participate equally in every game. It is VC's hope that coaches only substitute when an injury occurs. Implementation of the rule: Official or scorekeeper checks the score sheet between sets to confirm players not starting in the 1<sup>st</sup> set are on the score sheet at the beginning of the 2<sup>nd</sup> set.
- Time-outs cannot occur during a 3-ball sequence.
- Athletes must play the tossed ball with a forearm pass, otherwise a replay will occur.
- Athletes cannot send the tossed ball over the net, otherwise a replay will occur.
- All other standard volleyball rules not listed above continue to apply.

## **EPSB League Modifications**

- Overhand serve is allowed
- The second time a tossed ball is played over a net, it is a loss of the point
- Reception of service or attack can be played overhead or “up top” (with a set).  
The free ball toss must be played with a forearm pass (bump).
- Substitutions can only be made after one team has reached the score of 13 points, and at the end of a 3-ball sequence in a set to 25, or 8 points in a set to 15.
- No Liberos in junior ball
- Minimum 9 players on a roster, maximum 15 players

## **Guidelines for Tossers:**

- The Head Coach, Assistant Coach or a competent volunteer may be the “Tosser” and introduce balls to their own team.
- Balls are tossed underhand with two hands, with little to no spin and above the height of the antennae to allow athletes time to play the ball.
- The Tosser can step into the court to introduce the ball but must immediately move a safe distance away from the court after the toss.
- The free ball must be tossed directly to the athlete in position six, otherwise a replay will occur.
- The free ball will be introduced when the front row players are at the net and ready to transition; the Tosser verbal cues the athletes by calling “Free Ball”
- Tossers encourage a fast paced transition between an end of a rally and the next toss.

## **Video Demonstration & Instructions**

[Link to Tripleball Introduction](#)

(Note: some EPSB league modifications differ from this video, including subs at the halfway point in sets)

## **League Tie-Breaker Rules**

- If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:
  - The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher;
  - The team having the best ratio of won/lost games, considering matches played between the tied teams, will be ranked higher;
  - The team having the best ratio of won/lost games, considering all matches of the season, will be ranked higher;
  - The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher;
  - The team having the best ratio of points for/against, considering all games played during the season, will be ranked higher;
  - Toss of coin
  
- Cross-Pool Tiebreaker – to determine wild cards and home court advantage in the playoffs, the following criteria will be applied, in order
  - The team having the best ratio of won/lost matches, considering all matches of the season, will be ranked higher;
  - The team having the best ratio of won/lost games, considering all matches of the season, will be ranked higher;
  - The team having the best ratio of points for/against, considering all games played during the season, will be ranked higher;
  - Toss of coin